



DNA MAGIC
READING

The Prosperity DNA Magnifying Glass



The

Prosperity DNA Magnifying Glass

This report shows you how to take the brilliance that you radiate into the world... concentrating it to a single point, of powerful immeasurable focus. This bonus sharpens Inner Genius... and directs it to a singular point of power in your life. It allows you to cut through all obstacles and reach desires effortlessly.

Do you want to be successful in life? Will you use the methods that will invariably guarantee it? Will you make a decision and tell yourself, "I will have wealth; I will be renowned; I will have virtue; I will have power"? Let your mind go wild with the idea and see the faint clouds of hope transform into magnificent possibilities.

Which option will you pick? Will you have authority? Then let people be freer and stronger because you are. Will you be knowledgeable? Then let people be smarter because you are. Will you find love? Then let people appreciate it since you have a lot to offer. But, whatever you decide, one thing you will need in everything and at all times is the **concentration of purpose, thought, feeling, and action**, which will stabilize everything with which you deal like a strong magnet. It is required for success in all of life's objectives.

Men who have achieved success in business, social and political life, art, science, philosophy, power, and morality have all been distinguished by a consistency of purpose and easy control of the mind. Has it not always been the case, is it not the case now, and will it not be the case in the future, that so far as human advancement is concerned, it is attained by methodical and persistent effort, control of cravings, and mental concentration, and not without these?

Why do you think this is so? It is because prosperity is founded on moral grounds. To be secure and long-lasting, prosperity must be founded on moral principles and sustained by tenacious foundations of sterling character and moral quality. Prosperity, like a home, provides a roof over a man's head, protecting and comforting him. The roof of prosperity is thus supported by the pillar of concentration, which is to be discussed below, which is anchored on a foundation of moral integrity.

THE POWER OF CONCENTRATION.

Concentration is the foundation of existence; without it, no thinking can occur, and without thinking, no learning can take place. Concentration is the driving force behind all accomplishments. It transforms, animates, and enhances the most ordinary skill till it approaches brilliance, and when it reaches the dullard's intellect, it transforms that which was sleeping in lethargy into living fire. Concentration is a moral virtue, while distraction is the polar opposite. It is a virtue that can be fostered, and the lazy man may become concentrated by forcing himself to push himself.

Concentration is the most important foundation in the groundwork of prosperity, and there can be no prosperity without concentration as the first and most vital groundwork. There is no genuine self-respect and independence when there is no concentration. A distracted man is just half as alive as a concentrated man. Even when the latter discusses the difficulty of doing something, the concentrated man is finding ways to do the same thing.

Concentration may be the most difficult skill to learn, owing to our way of life. Still, it is an opposition that must be overcome in order to gain the full rewards of everything that follows. Picture attempting to grasp a sophisticated scientific theory or a complex commercial transaction when your train of thought is constantly disrupted by other intruding thoughts created internally by you or externally by your surroundings. Every time you think you've worked out a step in the structure, an interruption occurs and causes you to lose track, and so the entire section of that journey needs to be repeated in order to advance to the next step in the structure.

With repeated interruptions, it is easy to understand how a lack of concentration necessitates the wasteful revisiting of previously reasoned concepts and substantially limits any momentum in the thought process, which is costly in terms of time. It's similar to ascending a steep mountain while chatting on the phone, which ultimately leads to faltering and plummeting down the mountain, only to grasp onto a rock for protection before recovering and climbing again but having to cover the same territory all over again.

Concentration does not, in any event, imply a narrowing, restricting, or confining of our thoughts and actions, nor does it imply a lack of human sympathies and interests. It does not imply retreating to the wilderness or the cavern, the wine of life running dry in our veins like a desert river during the summer drought. It does imply that our whole existence becomes oriented to a chosen goal, energized by heightened capabilities of cognition, love, and will, and inspired by a higher self than we have previously known.

Concentrate and focus your thoughts, and the consequences will be nothing short of extraordinary. And this is both the human race's greatest strength and its greatest vulnerability. Someone unable to control his thoughts and attention will never be able to achieve his goals. On the other hand, a person who can align his thoughts and dedicate total attention and concentration to the subject at hand can achieve everything he desires. This applies to everyone, regardless of age, gender, or career. To thrive in any field or stage of life, you must have the attributes of focus and concentration to complement your desire and capacity to work hard.

Have you ever considered how significant your concentrated thinking is in your life? Prosperity is guaranteed when you are able to concentrate, for you are then capable of using for your good all constructive thoughts and shutting out all the counterproductive ones. It is crucial to be able to think exclusively about what is useful. Between the human's dual natures, one seeks to push us forward, while the other wants to drag us back. What we focus and concentrate on influences whom we will become. How you may transform your entire career and do the impossible. Our concentrated thinking could entirely dominate us, but you could also use the power of domination. You need to use the power of concentration to your advantage.

You can become anything you want with concentrated thinking and significantly improve your efficiency. Concentration can help you unlock the unimaginable potential inside yourself. Directing your thoughts in the right direction will help you attract good things without putting in a lot of work. Concentration will alter your life and provide you with more happiness than you can imagine.

DEVELOPING CONCENTRATION.

Man is a truly amazing being, but in order for him to be valuable, he must be groomed and evolved. Every man can do great things if he is motivated to do his very best. The greatest man, though, would not achieve much if he lacked mental strength and concentration. We are all aware by now that in order to complete a project, we must concentrate. Learning how to concentrate is quite important. To be prosperous at anything, you must be able to concentrate your entire thinking on the concept you are working on.

Do not be dispirited if you are unable to concentrate your thoughts on a problem for an extended period of time at first. There is really just a handful who can. But it is paradoxical that it is easier to focus on something harmful to us than on something useful. When you learn to concentrate intentionally, you may overcome this predisposition. If you apply the methods of concentration and focus presented in this guide, you will be able to connect with the everlasting laws of Being and their limitless base of immutable truth.

These methods will be extremely useful to you. These are completely tested methods that work. They are set up in such a way that you will see progress right away, which will give you hope. They give out ways for you to help yourself. If you do a few concentration exercises every day, you will rapidly gain this tremendous power.

MEDITATION

Meditation is the method of schooling the mind to produce a deeper level of conscious awareness in order to attain a goal (whether that is objective enlightenment, quiet relaxation, profound thought, or anything else). Since the 1930s, considerable scientific study has focused on meditation. A plethora of research since then

has suggested linkages between various meditation approaches and changes in metabolic rates, blood pressure, respiration, brain activity, attentional allocation, enhanced healing, reduced anxiety, and improved emotional balance. These findings have prompted the scientific community to use many meditation approaches in therapeutic therapies for stress disorders and pain relief.

Most significantly, new scientific evidence reveals that meditation may improve attention span. These findings, together with the positive side effects, should encourage us to utilize meditation to increase our focus, concentration, and hence our capacity to learn. The average man's consciousness is sufficiently clustered and imprecise; let him practice concentration to make it clearer and stronger and use meditation to spread that clearer, stronger consciousness across a greater field. Allow him to control himself in the tiny zone over which he rules, and then the period will come for him to live a more expansive existence.

Coming back to meditation, observe how it is always initiated by concentration, how concentration generates a wide-awake awareness and consciousness at its best, and how in meditation, this wide-awake consciousness is kept and utilized to complete thought on a selected subject. Meditation is thus the polar opposite of sleeping. It is the culmination of thought on a particular subject. Do not take meditation as a method to escape from the world or to calm yourself when you are in distress, but rather as a technique to ascend to a higher plane of awareness so that when you face the world with that new consciousness, you will gain greater reality and a richer life filled with greater consciousness.

SAMADHI PRACTICES

The Sanskrit term *samadhi* literally means "coming together" or "concentration." Patanjali described *samadhi* as the

oneness of the subject and object of perception, the consciousness of unity, or transcendental consciousness, which transcends the subject-object dichotomy. Samadhi is the total realization of the oneness of awareness and existence in man. The term yoga has several meanings, but in this context, it denotes "samadhi." Yoga is derivated from the root yuj, which means "to combine, to join." Yoga is defined as the union of prana and Apana. Yoga is the union of an individual soul with the universal soul. When one achieves samadhi, this is also referred to as yoga. The goal and intent of yoga are to achieve samadhi, the highest of all states.

The core concept of the yoga sutras is samadhi, also known as samahitam in Sanskrit. The highest of all states is a state of calm that is never disturbed, no matter what occurs, in all circumstances of life. There is a level of tranquillity in which your mind gets balanced, and that state of tranquility takes you to turiya, or the super-conscious state, the fourth dimension. You are now aware of only three states: awake, dreaming, and sleeping. All humans are aware of the first three stages, but only a privileged few, the great sages or yogis who walk the internal path, are aware of the fourth state, the ultimate level of tranquility known as samadhi.

Samadhi transcends all pleasures. Pleasures last just a short period before being replaced by darkness and grief. Samadhi is unchanging. There is no room for despair, sorrow, or suffering. By reaching that state, you connect with the source of endless love and knowledge inside, the library of intuitive understanding. The fourth state is devoid of all obstacles, whether they be earthly, spiritual, or heavenly. All internal and external conflicts have been settled. Nothing in the world can make you unhappy.

Your mind is always moving between Sankalpa and vikalpa, debating for and against and dwelling over something. Can you

envision a state devoid of all questions and arguments? Which language will you think in after all of your troubles and questions are resolved? What is the state of your mind if it has acquired a state that is devoid of all conflicts? How can your mind continue its typical thinking process if there is no question in your thoughts? At that stage, you enter the ultimate state of concentration where you can focus only on what matters without your obstacles and worries weighing you down and influencing your decisions.

THE HISTORY OF MEDITATION AND SAMADHI PRACTICES (YOGA).

This fundamental truth—that awareness control (concentration) influences life quality—has been known for a long time; in fact, for as long as human history has existed. Various strategies for learning how to channel thoughts and desires were refined by Christian monastic groups. Psychoanalysis was the last great attempt to liberate consciousness from the dominance of impulses and social restrictions. The id and the superego competed for dominance of the mind, the first as a servant of the genes, the second as a lackey of society—both symbolizing the "Other." They were opposed by the ego, which represented the self's true wants in relation to its physical world.

Methods for gaining control of the mind flourished and reached incredible degrees of complexity in the East. Although quite distinct in many ways, the yogi disciplines of India, the Taoist approach to life evolved in China, and the Zen types of Buddhism all attempt to liberate awareness from the deterministic impacts of outer causes, whether biological or social in origin. A yogi, for example, may discipline his mind to ignore discomfort that most people would be powerless to reject; similarly, he can ignore

compelling claims of hunger or sexual excitement that most people would be powerless to resist. The same impact can be attained in many ways, such as by developing a strict mental discipline, as in Yoga, or by fostering continual spontaneity, as in Zen.

Concentration is one of the most actively explored issues in psychology and cognitive neuroscience; the study goes back to the 1850s, but ancient cultures and sects have experimented with this topic for thousands of years, although through a deeper approach to the notion, especially meditation. It is one issue that appears to be addressed equally in most major faiths, and potential roads to spiritual enlightenment are said to be paved with meditation stones. It's intended to apply ancient methodologies that have been tested for millennia while relying on scientific rigor to rationalize the approach.

The strategies, e.g., meditation and samadhi, for attaining future guidance are known as a religious practice or religion-dharma in Sanskrit. There are several religious systems around the world. All of them are good; all of them entail a large amount of forward-thinking. But the goal is the same: to liberate inner life from the fear of chaos on the one hand and from the strict conditioning of biological desires on the other, and so to become independent of the social constraints that exploit both.

THE RESISTANCES RELATED TO DEVELOPING FOCUS AND CONCENTRATION.

One of humanity's most fundamental desires would be fulfilled if it were possible to infinitely extend the scope of awareness, focus, and concentration. We could think, feel, and do everything, sifting through so much information that every fraction of a second would be filled with a rich tapestry of sensations. We may go through a million or, why not, an unlimited number of lives in the course of a lifetime. Unfortunately, there are clear restrictions to how much information the nervous system can handle at any given time. There are only so many "occurrences" that can occur in awareness and be noticed and dealt with effectively before they start crowding each other out.

Thoughts must follow one another else they get tangled. We cannot fully experience happiness or despair while thinking about a dilemma. We cannot run, sing, and manage the checkbook at the same time since each of these tasks consumes the majority of our concentration capacity. We are on the approach of being able to determine how much information the central nervous system is capable of processing at this point in scientific understanding. It appears that humans can only handle seven bits of information at a time—such as distinguishable noises, visual stimuli, or recognized subtleties of emotion or thought—and that the shortest time it takes to discriminate between one set of bits and another is around one-eighth of a second.

The fact that humans must analyze 40 bits of information each second to grasp what another person is saying demonstrates the limits of focus and concentration. If we suppose that the highest limit of our ability is 126 bits per second, it follows that understanding what three people are saying at the same time is theoretically conceivable, but only if we manage to keep every other idea or experience out of awareness. We couldn't see the

speakers' emotions wonder why they were saying what they were saying, or observe what they were wearing, for example.

Despite its immense power, concentration cannot go beyond the boundaries previously established. It cannot detect or focus on more information than can be processed concurrently. Retrieving information from memory storage and bringing it into consciousness, comparing information, evaluating, and deciding—all of these activities place strain on the mind's limited processing capacity. For example, if a motorist spots a swerving vehicle, he must cease texting on his mobile phone in order to avoid an accident.

THE FLOW STATE AND PROSPERITY

Precognitive energy and hence prosperity flows freely when the information that continues entering into awareness and what we concentrate on is aligned with goals. There is no need to be concerned or to doubt one's own abilities. When a person is able to structure his or her cognition and concentration in such a way that flow occurs as frequently as possible, the quality of life automatically improves, and even the most mundane tasks at the workplace become purposeful and exciting. We are in charge of our psychological energy while we are in flow, and everything we do brings order to awareness.

When we flow, we are completely engrossed in a certain job with no distractions. Our thoughts are "in sync." When we try to perform something while our minds are elsewhere, the reverse happens. If you frequently lose focus while working on something essential to you, there are various tactics you may do to boost your odds of reaching flow. Apart from meditation and others, knowing what to do, how to accomplish it, how well you're doing, where to go (where navigation is required), perceiving substantial problems,

perceiving significant skills, and being free of distractions are other strategies.

However, it would be best if we understand that each person's definition of prosperity is different from another, and until we find the best kind of prosperity that works for each person, humans will forever remain unsatisfiable. The point is that it is increasingly prevalent to treat anything we feel within as the actual voice of nature speaking. Many individuals nowadays believe that instinct is the only source of authority. Something must be correct if it feels pleasant, natural, and spontaneous. However, when we blindly follow the recommendations of genetic and societal instructions, we forfeit control of awareness and become powerless playthings of impersonal forces.

There is no secret formula for happiness or living according to your purpose, but one essential element is the capacity to achieve this state of flow and, through it, have an "optimal experience." To achieve this optimal experience, we must concentrate on increasing the time we spend on interests that guide us into this state of flow rather than permitting ourselves to become engrossed in activities that provide immediate pleasure, such as overeating, drug or alcohol abuse, or stuffing ourselves with caramel in front of the Television set.

A person who is unable to resist food or drink, or whose mind is continuously preoccupied with sex, is unable to direct his or her psychic energy, and therefore the prosperity such a person seeks would be out of reach. Submission to genetic programming and societal controls can be hazardous since it renders us powerless. A person who is unable to override genetic impulses is constantly susceptible. Instead of choosing how to act in terms of his goals and prosperity, he would submit to what his body has been trained

(or mis-programmed) to do. To attain healthy independence in society and thus gain prosperity, one must first gain mastery over innate desires since as long as we respond predictably to what feels good and what feels terrible, others may easily use our preferences for their own interests.

Flow state aids in self-integration because awareness is unusually highly organized in that state of profound focus. Thoughts, intentions, feelings, and all senses are all directed toward the same objective. Experience is in sync. When the flow state is over, one feels more "connected" than before, not only emotionally but also in relation to other people and the world in general.

DEEP WORK.

If mankind has known for countless generations what it takes to be free and in charge of their lives, why haven't we made more progress in this direction? Why are we as powerless, if not more so, than our forefathers in the face of the turmoil that suffocates happiness? This failure can be explained by at least two factors. First and foremost, the type of knowledge—or wisdom—required for emancipating cognition is not progressive. It cannot be reduced to an equation; it cannot be remembered and then used frequently. It must be achieved via trial-and-error learning by each individual, generation after generation, much like other sophisticated types of expertise.

Controlling one's awareness (concentration) is more than just a cognitive ability. It needs the commitment of emotions and will, at least as much as intelligence. It is not enough to know how to do it; one must implement it regularly, just as sportsmen and artists must continue to practice what they know in theory. And it's never easy.

Second, every time the cultural situation changes, the knowledge of how to manage concentration must be reformulated. The knowledge of the mystics, Sufis, great yogis, and Zen masters may have been excellent in their time—and may still be the finest if we lived in their times.

Consciousness control cannot be normalized; it takes deep work. It ceases to be successful in the way it was intended as soon as it becomes part of a system of societal rules and conventions. Unfortunately, routinization happens quite quickly. Each new epoch—perhaps every generation, or even every few years if our living situations change that quickly—requires rethinking and reformulating what it takes to build autonomy in awareness.

What does the current level of knowledge indicate about the repeated need to return to the core topic of how to acquire mastery over one's life? How can it assist a person in learning to relieve himself of concerns and phobias, freeing him from the constraints of society, whose benefits he can now take or leave? As previously said, the path is through control over awareness, which leads to control over the quality of experience. Any modest step forward will make life richer, more joyful, and more meaningful.

ACCESS TO HIGHER STATES OF CONSCIOUSNESS WITH A MOMENT OF CONCENTRATION.

We must understand that awareness is self-directed and not totally governed by its biological programming. In other words, the concentration of the mind and cognition has evolved the ability to disregard its genetic instructions and chart its own course of action. The human nervous system has sufficiently evolved complicatedly through the infinite dark centuries of its development that it can now alter its own states, making it functionally

independent of its genetic blueprint and the objective environment. Regardless of what is occurring "outside," a person may make himself happy or unhappy simply by changing the contents of awareness.

We've all met people who, simply by virtue of their personality, can turn dismal situations into challenges to be overcome. This aptness to endure in the face of adversity is the attribute that people most appreciate in others, and rightly so; it is undoubtedly the most crucial virtue not just for achieving in life but also for enjoying it. To cultivate this skill, one must learn to control awareness in order to manage one's sensations and ideas. It is preferable not to seek shortcuts.

One of the most powerful influences influencing awareness is the psychic disorder—information that contradicts or distracts us from carrying out our necessary goals. We call this state by many names depending on how we feel about it: pain, fear, fury, anxiety, or envy. All of these types of disorders cause our attention to be directed to useless stuff, limiting our ability to employ it as we see fit. Psychic energy becomes cumbersome and inefficient.

When input interrupts consciousness by challenging its aims, we get a state known as psychic entropy, which is a disarray of the self that hinders its efficiency. Prolonged exposure to this type of experience might weaken the self to the point that it is no longer capable of investing attention and pursuing its goals. When you enter a state of psychic entropy, it might be beneficial to ask yourself certain questions. Because every piece of information we process gets evaluated for its bearing on the self.

The input that is threatening to throw your concentration off-balance. Is it a danger to your aims, a supporter of them, or neutral?

For example, the news of the stock market's decline will irritate a banker, but it may boost a political activist's feeling of self. A new piece of knowledge will either confuse awareness by getting us all wound up to meet the threat, or it will strengthen our goals, releasing psychic energy.

The battle here is not against yourself but against the entropy that's upsetting your concentration. It is a war for the self; it is a struggle to regain control of concentration. As in the case of the climber, the fight does not have to be physical. However, anybody who has experienced the flow of concentration understands that the deep pleasure it brings necessitates the same level of controlled concentration.