



PROSPERITY CONCENTRATION VIBRATION TUNING



Prosperity Concentration Vibration Tuning Script:

Welcome to your personalized Prosperity Concentration Meditation.

This tune has been precisely calibrated to your unique genetic makeup...

and allows you to enter a state of heightened awareness and consciousness, where you'll find yourself becoming hypereffective in everything that you do...

automatically sharpening, and honing your Inner Genius' ability zero in on an opportunity, turning it into a massive windfall of cash.

The world is always changing, and the stresses of daily living give us ongoing stress and strain, thus we struggle to regulate our thoughts, quiet our brains, and seek inner peace.

This meditation will be a practical guide that will explain in detail how to practice the skill of focus and mind control. However, knowledge of one's own center of quietude is merely the first step toward a deeper experience of meditation.

The practice is basically a straightforward approach to the ancient discipline of meditation that is extremely beneficial to the Modern mind.

This meditation introduces techniques for improving concentration and reaping the benefits of meditation.

The techniques should be practiced daily, preferably three times a day, with two long sessions and one short session. When practicing each technique, keep the following instructions in mind:

- I. The techniques should be performed while sitting or lying down in a comfortable recliner. The former is preferable over the latter since the latter frequently causes the practitioner to fall asleep (which does not qualify as a full training session).*
- II. Training should take place at least one hour after a meal (to allow for appropriate digestion) and at least two hours before bed (to prevent being in a state of high alertness before trying to sleep).*
- III. Meditation is the ability to let go. Thoughts will constantly flow, and meditation is the practice of letting them go.*
- IV. As a result, you should avoid unneeded concerns generated by ideas such as "this isn't working, my mind isn't clear, so many thoughts are distracting me..." The goal is to be in an atmosphere that allows you to recognize these opinions and let them go.*
- V. The thoughts will undoubtedly return, generally within seconds of your letting go, but the aim is to let them go without succumbing to them.*
- VI. Keep in mind that this is practice time, so don't let the emotions get in the way and suggest that you're wasting time. Letting go of thoughts cultivates a talent that helps you to quickly tune out what you consider unimportant. This technique might take some time to master, but the results are well worth the effort.*
- VII. Do not expect anything miraculous to happen; this will include your emotions and wants, which will obstruct your practice. Simply follow the technique without thinking about*

what it entails. Thinking and reflecting can be done before or after the experience, but never during.

VIII. Persist; it will be challenging at first, but it will become easier as you continue, and once the foundational idea is grasped, it will be practically effortless.

Now, let's begin.

Start by finding a chair and sitting on it.

Now, seated firmly on your chair, rest your feet flat on the floor, with your hands resting on your legs.

As your eyes are staring into the distance – gently close your eyes, and allow them to relax, they've done work and it's now time to concentrate.

Hear the sound around you – observe them, and experience them.

Now, close your eyes, and allow yourself to sink deeply into the environment and to observe the world around you.

Right now, we're going to do a quick body scan...

Feel the pressure on your feet. How do they feel?

As we move up, pay attention to your calves, your knees, all the way to your hip...

Allowing the light of your attention to rise...

To your stomach...

To your chest...

To your shoulders and arms...

To your neck...

All the way to the tips of your head...

And if your mind wanders off at any moment...

Simply come back to the breath... and know that it's always waiting there for you....

And whenever you're ready...

I want you to focus on what it is that you truly desire right now...

I want you to imagine expressing your capabilities to your full potential...

See how the crowds are calling out to your name...

See how the world around you – is bending to your will...

Imagine yourself exploring the new luxury that you've just acquired...

Is it a car? A watch?

A brand new home?

Keep that imagine strong in your mind...

And remember that all of this is within reach for you...

Now,

I want to imagine that there's a strong red energy...

Boiling deep within the region of your stomach...

It fills you up...

It energizes you...

It makes you strong...

It makes you powerful...

Everything that you do...

From this moment onward...

When you use this red energy in your stomach...

Will give you exactly what you've just imagined...

Now, I want you to focus on expanding this energy...

I want you to imagine it getting brighter, hotter, stronger – more potent... more concentrated...

And keep your attention focused on this red, burning energy within you...

See it growing....

Now I'm going to leave you for just a moment...

And I want you to keep your mind focused on this red, expansive energy...

This is your core...

And I want you to concentrate on making it as powerful as possible – sending vibrations to every inch of your body...

Ready?

Begin...

One breath out...

One breath in...

One breath out...

One breath in...

And I want you to keep your mind focused on this red, expansive energy...

Focus...

One breath in...

One breath out...

One breath in...

One breath out...

One breath in...

One breath out...

Congratulate yourself...

You've just taken one step closer – to concentrating your powers to create prosperity in your life...

And now...

I want you to listen to this audio for the next 21 days... so that the fire within you grows stronger.

I'll see you tomorrow.

