





You have a strong need for emotional security and a sense of belonging, and are deeply attached to the past: your heritage, roots, family, cherished friends, familiar places, etc.

Making radical changes or moves away from what is known and safe can be very painful and difficult for you.

You tend to cling to people, memories, possessions of personal or sentimental significance.

Having a home, a safe haven is highly important to you.

You approach life emotionally and subjectively, sensitive to the emotional atmosphere and the subtle undercurrents of feeling in and around you.

Instinctive and non-rational, you are often unable to explain your actions with simple logic; something FEELS right or wrong for you.

Your emotions color your thoughts and opinions; you view life from a personal perspective and cannot detach yourself from bias and prejudice easily. If it is good for your loved ones it is good; if not - it is no good.

You are tenaciously loyal, protective, supportive of those near and dear to you; compassionate and sympathetic toward people's pain - that's why they seek comfort in you.

Your moods tend to vary - making you open sometimes but withdrawn other times - communicating nonverbally more often than verbally. You never forget both kindness or unkindness shown to you.



At heart proud and intensely individualistic while dreaming big dreams – striving towards standing out as the best version of yourself – being respected for your unique contributions – doing something well so that even one special person will shower their love on you combined with appreciation boosts up your determination immensely!

You seek out being the star in the play with an audience applauding adoringly!

Feeling neglected or unnoticed causes immense hurt which is why affirmation from others holds great importance in your life!

FIGHTING AGAINST NEGATIVITY

Thoughts become things so if you keep the same self-image, attitude, routines, and inner talk you will continue to live the same life. These thoughts don't even have to be conscious to affect you. They can just be the subtle twinges in your mind. You have to become aware of these. They create your identity and destiny.

Be warned, if your brain is contesting any of this, that is the very voice of defeat, your inner critic. That voice is the one that keeps

you from growing in character and success. When it negates your inspiration, ask yourself why your brain has established that pattern. Anticipate your brain will do this to you and have a plan in place to correct the pattern into one that will encourage your success.

You can stop the downward spiral with the word "but." For example, your self-defeating thoughts pop up with "I suck at



everything I do," follow it up with "*but* why does the universe make me so successful at everything I do?"

Saying "*but*" stops the negative energy of the previous statement, and the positive question retrains your brain to generate positive thought patterns instead.

Your thought process is learned, often from childhood. Society has been melded to conform to a scarcity mindset for generations.

It's ingrained in almost the entire population at this point. However, you can break the cycle by acting on the little glimmers of motivation to ignite your money signal and abundance mindset.

TRUSTING THE PROCESS

Things often take longer than expected, and that's okay! Most of us have more inner work to overhaul our lives than we think. A lot of the process may be graceless or downright torturous, but it is all part of shedding your old identity that no longer serves your life vision.

It's never your fault – we aren't taught success at school. It takes work to unlearn and reprogram your brain. Have absolute trust that the universe has your back and supports your intentions.

Your calling may not even be what you expect now. Eventually, you'll be led to your answer if you listen and act intuitively. To avoid working against this voice, be detached from the outcome. Just know that whatever you end up doing, there's a reason why it's right for *you* to do it.

To do this and overcome your current circumstances, you will have to acquire a whole new mindset and be grateful for absolutely everything you can, no matter how small.

THE ABUNDANCE MINDSET

Your negative thought patterns keep your money signal weak and blind you to the opportunities that offer success. You will probably find yourself working hard on the abundance mindset simply because we've all been mentally programmed from birth.

Money is not the root of all evil. It is the root of good – but not all good. You still have to make yourself positive to receive wealth. You have to curate an insatiable desire to see a prosperous future for yourself and others. *Then* you become receptive to more good. If you act on your positive instincts without fear or doubt, you are creating good in the world and making yourself feel and become abundant.

Success is not “for other people,” it’s for anyone who taps the money signal. We all have this, and the more people choose to pursue it, the healthier, wealthier, and happier the world becomes. If the thought occurs to you to buy your friend a coffee,

do it with love even though you are broke. It tells the universe that you are happy to spread goodness.

You can think and act money out of your life easily, but words are also powerful. People do this without even realizing how harmful



their words are. Imagine being a little kid and asking for a toy. Mom says, "we can't afford that, put that back." What message are you getting? "Money is scarce. There isn't enough in the world for you. Buying thing is for other people." Not true!

Developing the resolve and conviction that you *can* have anything and *will* get that thing and then *following the steps* to get there will do wonders. It is possible for absolutely anyone. Believe that you are worthy and you are valuable. These feelings of confidence, happiness, and self-love nourish the abundance mindset and bring opportunities for wealth.

If you let yourself stay stuck in the loop of listening to the destructive thoughts you will only keep speaking and acting money out of your life. You need a support group of people with the same ambition or more.

WHERE ARE YOU GETTING SUPPORT?

You'll hear wealthy people say that "your network equals your net worth" – who are your friends? Most people have to change their friends to achieve this. Be selective about who you share their goals and prospects with to keep from having negative thoughts reintroduced or reinforced, even in your family.

Find people who have achieved what you are looking for and people with the same aspirations. People with an abundance



mindset transmit the money signal – soak it in often. That is fundamental in changing your identity.

It's wise to find a mentor, teacher, or guide who has the results you want. There are a lot of free resources to help you find a teacher you vibe with. YouTube is a treasure trove of lectures, interviews, and webinars on changing your life and becoming more productive, positive, and successful.

CHANGING YOUR IDENTITY

Do you have a hard time creating a positive self-image or feel like a liar when you repeat mantras that don't align with your current situation or identity? Mantras stating your ideal situation or identity you are still creating are often invalidated by negative thought processes.

You can find better results by asking yourself a question like you would with the "but why" method of retraining your brain to stop self-deprecating.

Your brain hasn't learned to devalue yourself in response to most questions. That voice won't respond. Take advantage of this and become unstoppable.

For instance, you could ask, "why am I so successful, motivated, and abundant?" and your brain will search for positive things you've done to progress toward your goals. It brings up your strengths and attributes that could make you successful you might not have considered monetizing. You can create new thought patterns and make positivity to become conscious.

It's hard to change when you have people reminding you of your old life or making you feel bad about the same present



circumstances you are fed up with and ready to leave behind. As of this very moment, you can choose to become a new person who makes all new choices and follows an all-new path to create the life you want to live.

Regardless, you will be living the life you choose, so it might as well be a good life. Once you are aware of and fully realize this, it is hard to accept anything less. Eventually, you will realize it doesn't even make sense that just because you've never had much money doesn't mean you will never have plenty.

So who do you want to be?

How can you contribute something valuable to the world?

One way to determine this is to think about the things people count on you for. That is probably your calling. There are many unconventional avenues to income so get creative and get in tune with your higher self and unique assets.

GETTING IN TUNE WITH YOUR INNER DESIRES & STRENGTHS

To do this deep inner work, you have to seek things you've never looked for – things *most* people don't look for. You have to be determined to master your mindset and be happy to do hard, uncomfortable things.

It may surprise you that meditation is widely used among the world's most successful people and that it can open doors you never even know existed. If you pray, it helps the power of your

prayer to do it at the end of your meditation while you're in touch with your higher mind and best intentions. Many people never



achieve staggering results despite years of meditation or prayer because they lack an abundance mindset and keep negative thoughts about money.

The best way to start is through guided meditation to expand your consciousness.

For best results manifesting a new life, tap into the zero-point field. All things are created here. Imagine everything around you that you wish to change or remove liquifying into nothingness. Zero-point energy is present in everything. It is the essence of the energy of the universe, which is infinitely abundant.

Because thoughts have and create energy, thoughts indeed become things. Electrical impulses in your brain caused by your thoughts create energy. That energy is of the zero point field, making the thought reality. Utilizing this energy to manifest new "good" things through new "good" thoughts is easier than most people think.

First, you want to find a quiet place you feel at peace enough to relax and clear your mind. It doesn't have to be perfectly quiet, just with minimal distractions.

Close your eyes and take a deep breath and really feel yourself in your body. Pay attention to your posture and anywhere you're feeling tension. Adjust your position until you feel comfortable and are able to clear your mind of discomfort and distracting



thoughts. Feel the calm still of the nothingness and yet endless possibilities of the zero-point field. Anything could manifest.

With a clear mind, open up your mind's eye and imagine the room you are in. Keep a mental picture of what's around you but then imagine it all melting away. Focus in the center of your room. Imagine a giant zero - an actual 0 - opening up in the center like a portal. You can imagine throwing old things into it, taking new things out of it, whatever works. I've even imagined throwing my wallet in and the zero portal spitting it out full of money. All that matters is that it inspires you and gives you hope.

When you've finished what feels necessary to you, give thanks to this energy and really focus on the gratitude, knowing you can change everything by being one with the harmony of the universe.

Accessing these expanded states of mind is simply slowing down your thoughts so you can think clearly, process information thoroughly, and give better attention to possibilities. In mediation, emptying your mind of conscious thought allows you to analyze and manage your subconscious thoughts to create the identity and reality you desire.

Another common practice of highly successful people is yoga. It also helps slow your thoughts and trains your body to go with the flow. You are not tense In yoga, so your body learns to relax and be more fluid and "flexible," literally and figuratively.



Aligning your chakras can also help you figure out what areas need adjustment. Aligning your chakras will help you fix each area of yourself on the deepest level, your energy. Whether or not you choose to think of the personal development that comes with overcoming poverty, creating a new life and identity, and leveling up to wealth as "chakra work" or not, that's what it boils down to. Working with your chakras makes the process a lot easier. You might as well give it an honest try and find a teacher that resonates with you.

Remember that, as with all this, you get back what you put out. If you won't open your mind to unlimited possibilities, you will limit your possibilities in every way.

EXPLORING PERSONAL DEVELOPMENT

In addition to the necessary mindset, energy, and thinking adjustments already mentioned, there are numerous effective ways you can manipulate energies and create positive changes in your life and change present circumstances. You are already creating a new identity, so have fun with it and try new things. This is all about stepping out of your comfort zone, right? Open your mind and change your life with trust and good intentions.

OTHER WAYS TO HARNESS POSITIVE ENERGY

Once you start tapping into this personal journey, the possibilities for what will help you and what you will feel led to do become endless. You might decide to try reiki to clear out negative energies or crystal energy healing from a practitioner, for instance, or just buy some crystals. You can find small ones to keep in your pocket for just a few dollars.

Nature is inherently abundant, so crystals can help feed you with that energy coming directly from the Earth. These are especially helpful if you are doing chakra work because certain crystals hold the balanced energy of the different chakras. Some crystals that are reputed to carry a high abundance vibration include tiger's eye, cat's eye, citrine (money stone), malachite, and jade. You can buy crystals online, but it's better to go to a shop in person so you can feel the stone to decide if it resonates with you. Holding it in each hand, you can see how it makes you feel.

To test it, try visualizing yourself working toward and achieving your goals while holding it. Are your visions more vivid? More tangible? Do they seem more achievable when you hold one stone more than others? It may help if you know which chakras need alignment, or you may be able to feel your way through it. Nobody in a crystal shop will judge you for "feeling them out." It's a safe space to play with your new identity and open your mind. Don't be afraid to ask questions or advice.

VISUALIZING YOUR GOALS



Even if you decide against using crystals to facilitate it, visualizations are still a remarkable tool for personal development

and fueling the money signal you send into the universe. Three types of visualizations are profound in creating new realities and opportunities for prosperity. They are healing visualizations, creative visualizations, and symbolic visualizations.

Healing visualizations require meditating to go back through your memories, finding negative emotional or mental imprints, and “correcting” them through self-love and self-compassion. You may think back to a time you were abused, insulted, or discouraged and find a way to heal it – whatever your subconscious says, you need to let it go. Doing this work with a shaman or another energy healer to guide you at first is wise.

Creative visualizations “create” the reality you are looking for. Harnessing zero-point field energy while you meditate on creative visualizations can be the key to your creating success. Tap into it through meditation and get to work reweaving the reality you desire.

Imagine the supportive relationships, inspired actions, and desired outcomes. Focus on the feelings of gratitude, confidence, inspiration, and accomplishment, and trust the ideas you get that will move you forward towards prosperity. Another way to do this is to write out the details (emotions and all) of your perfect day from when you wake up until you go to bed.

Symbolic visualizations can be anything that makes you think of abundance. You can, for example, imagine money falling from the



sky – the sound it makes, the way it feels in your hands as you pick it up, getting heavier and heavier, filling your pockets. Imagine reaching into the night sky where each star is a gold coin and plucking them one by one. Imagine money growing on trees and harvesting it. Whatever works for you, do it!

TURNING DREAMS INTO REALITY

Pretty soon after you start this process, you will be able to develop a vivid mental picture of your goals, timeline and all. Making a vision board or booklet of your goals and drawing or writing clear plans will help you keep your visions fresh and attract the opportunities and guidance necessary to meet your goal and see results.

You may find having your natal astrology chart done so that you can get as much insight as possible into your predispositions, strengths, weaknesses, and influences. There are many different schools of reading and drafting such charts, so find the one that resonates with you and follow your teacher's guidance. What is there to lose by trying?

Being mindful and doing anything you can to make the process as quick and easy as possible is wise to spare yourself unnecessary challenges. It may seem overwhelming, but it should be less overwhelming to you than the idea of going on the way you are – stuck, broke, and frustrated. In the long run, you'll be glad you pulled out all the stops – even the little things like moving your desk for better feng shui. Your future self will thank you – as long as you believe it is all possible and you are ready to receive all the good the universe has to offer.

